

Camping Food List

You'll find the [Ultimate Camping Food Guide](#) on our website... including updates to this list as well as Camping Meal Ideas, Meal Planning Tips and more... it's Free!

Grains and Starches

- Rice
- Pasta
- Quinoa
- Cream of Wheat
- Oatmeal
- Breakfast Cereal
- Instant Mashed Potatoes
- Breads:
 - Tortillas
 - Pita
 - Buns
 - Muffins
 - Bagels

Canned and Packaged Goods

- Canned Beans
- Mac & Cheese
- Canned Vegetables
- Canned Tomatoes
- Canned Artichoke Hearts
- Canned Peas
- Canned Fruit
- Soup (canned or package mix)
- Canned tuna or chicken
- Packaged Pasta or Rice
- Cooking Oil
- Pasta Sauce

Trail Mix Components

- Nuts (such as almonds, peanuts, or walnuts)
- Seeds (such as sunflower or pumpkin seeds)
- Chocolate chips or M&Ms
- Dried fruit (such as raisins, apricots, or cranberries)
- Popcorn or Chex Mix

Condiments, Seasonings, and Spreads

- Table Salt & Pepper
- Seasoned Salt
- Seasoning Mixes (Cajun, Mexican, etc.)
- Ketchup
- Mustard
- Relish
- Pickles
- Mayonnaise or Miracle Whip
- Cinnamon sugar
- Sauerkraut
- Salsa
- Hot Sauce
- Peanut Butter/Nut Butter
- Sunflower Butter (for nut allergies)
- Jelly or Jam

Breakfast Essentials

- Instant oatmeal
- Granola
- Breakfast Cereal
- Pancake Mix
- Pancake Syrup
- Honey
- Eggs

Snack Ideas

- Popcorn
- Granola bars
- Beef jerky
- Dried fruit
- Crackers
- Pretzels & Chips (Potato, Tortilla, etc.)
- Hummus and other Dips
- Chocolate
- Cookies

Meats

- Fresh or Frozen Meat (hamburger, chicken, beef, or fish)
- Sausages or Bratwurst
- Hot Dogs
- Hamburger Patties (less prep and clean up)
- Deli meats
- Veggie Patties

Fruits and Vegetables

- Apples
- Oranges or Clementines
- Berries
- Carrots
- Zucchini
- Lettuce
- Tomatoes
- Bell peppers
- Broccoli
- Leafy greens
- Peas
- Watermelon
- Onions
- Garlic (fresh or powder)
- Cucumber
- Radish
- Potatoes

Dairy

- Milk
- Cheese (block or shredded – such as string, cheddar, or cream cheese)
- Butter
- Sliced Cheese (Cheddar, American, Swiss)
- Yogurt

Beverages

- Milk (or Powdered Milk)
- Coffee (ground or instant)
- Tea Bags
- Juice or Juice Boxes
- Soda Pop
- Hot Chocolate
- Water
- Iced Tea (bottled or instant)
- Adult Beverages (beer, wine, mixers, etc.)

Be sure to check out our blog at CampingEssentialsandMore.com for additional [Camping Tips](#), [Camping Gear Reviews](#) and more!